

## Selecting a Long-Term Care Facility

by Kari Wittmeyer, Director

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We are all getting older. How and where you age should be a matter of choice. It's important to consider your options ahead of time in case you need long-term housing or services.

### The Facts:

- Of the people turning 65 years old today, 69% will need some form of long-term care housing or services.
- Between 2007 and 2015, the number of Americans 85 and older is expected to increase by 40%.
- The average nursing home care costs \$77,745 per year.
- The average assisted living care costs \$35,628 per year.
- The average adult day care costs \$61 per day.
- The average certified home health aide costs \$32.37 per hour.
- The average uncertified home health aide costs \$19.00 per hour.
- The average long-term care insurance premium, if you are under age 65, is \$1,337 per year. If you are over age 65, the annual cost is \$2,862.

*Kari Wittmeyer is the Director of the Ellen Kennedy Living Center (EKLC) in Dyersville, Iowa. The Center offers independent living and assisted living housing and services to people age 55 and older. EKLC is sponsored and managed by Mercy Medical Center.*

**For more information or a private tour, contact Kari at (563) 875-6323 or write to: EKLC, 1177- 7<sup>th</sup> Street S.W., Dyersville, Iowa 52040.**